



Specialty Physical Education

More than just a solution to small school physical education needs . . .

Specialty P.E. is a program to develop and maintain a healthy school culture!

The main components of our physical education packages are listed below.

Physical Education

- Certified teacher(s) with engaging delivery styles
- Curriculum tailored to your school's philosophy
- Lesson plans meeting all state standards for P.E.
- Fun activities designed to maximizing participation
- Unique activities to spark student interest in lifelong fitness
- Required equipment provided

Equipment

- Up to \$1,000 of PE equipment for your school!
- Each time you renew your contract, you will receive new equipment!
- Fifty percent of funds must go toward physical education equipment. You may elect to receive up to 50% of gift in cash.

Staff Wellness

- Eight 45-minute sessions including exercises and detailed information about pertinent health topics.
- Information about blood pressure, posture, balance, body composition and more
- Four **Healthy Snacks** displays

Cafeteria Consultations

- Two 45-minute meetings with a registered dietitian to review school lunch menu
- Answers for cafeteria staff questions and concerns
- Continued support for cafeteria staff.

Teacher Training

- Two 45-minute **Adding Activity to the Classroom** presentations and continued support

Data

- Pre and post testing data to show how much progress students have made during program
- Professional and confidential testing

Press

- Two press releases per 32-week contract, highlighting your school's initiative to cultivate a healthy environment for students and staff
- Designed by a marketing professional
- Directed to your choice of media outlets

Access to Experts

- We take professionalism seriously – licensed teachers, certified trainers, registered dietitians are all available and happy to address your questions and concerns!

Pricing

All pricing is based on a 32-week contract.

Half Day – 4 hours

\$300 per day
Equipment (\$250)

Exceptions to services offered

4 Staff Wellness Sessions
1 Cafeteria Consultation
1 Press Release

Full Day – 8 hours

\$495 per day
Equipment (\$500)

Includes everything listed.

Two Full Days – 16 hours

\$895 per week
Equipment (\$1,000)

Includes everything listed.